

# CROWNS AFTERCARE

## INFORMATION

### INFORMATION SUPPLIED BY:



### ANY PROBLEMS...

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## TEMPORARY CROWN

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- Because temporary dental crowns are just that — a temporary fix until a permanent crown is ready you should take the following precautions
- Avoid sticky, chewy foods (for example, chewing gum, caramel), which have the potential of grabbing and pulling off the crown.
- Minimize the use of the side of your mouth with the temporary crown.
- Avoid chewing hard foods (such as raw vegetables), which could dislodge or break the crown.
- Slide flossing material out-rather than lifting out-when cleaning your teeth. Lifting the floss out, as you normally would, might pull off the temporary crown.
- Gums may be sore for a while after treatment. Keep the area as clean as possible
- Temporary crowns are not strong - they may occasionally break or come away. If this occurs, contact us immediately, bring your crown with you and we will replace it.

## PERMANENT CROWN

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- When your final crown has been fitted, the same rules apply; do not chew hard or sticky foods on the crown site for 24 hours from the time they are cemented. The cement must mature to have optimum strength. You can, however, brush and floss as usual.
- If you have received a local anesthetic, do not eat anything or take hot drinks until you are no longer numb. You may, if you wish, take over the counter painkillers before the anesthetic wears off.
- Soak and gently rinse the area with warm salted water 2 /day for at least 5 days.

## WHAT PROBLEMS COULD DEVELOP WITH A DENTAL CROWN?

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- Discomfort or sensitivity. Your newly crowned tooth may be sensitive immediately after the procedure. If the tooth that has been crowned still has a nerve in it, you may experience some heat and cold sensitivity. If sensitivity occurs, brush with Sensodyne™ toothpaste
- Chipped crown. Crowns made of all porcelain can sometimes chip. If the chip is small, a composite resin can be used to repair the chip with the crown remaining in your mouth. If the chipping is extensive, the crown may need to be replaced.
- Loose crown. Sometimes the cement washes out from under the crown. Not only does this allow the crown to become loose, it allows bacteria to leak in and cause decay to the tooth that remains. If a crown feels loose, contact us to get it seen.