

# BOUTIQUE WHITENING

## INFORMATION

### INFORMATION SUPPLIED BY:



### ANY PROBLEMS...

### CONTACT DETAILS

Calle Libertad, 44  
Tlas  
Lanzarote

reception@tl-dc.com

www.thelondondentalclinic.com

Tel: (+34) 928 834 016

Emergencies: (+34) 628 353 446

## CONVENIENT

- One of the advantages of home teeth whitening is that once you have been provided with your personal teeth whitening trays, you can top up the whiteness of your teeth by purchasing top up whitening agent syringes from our practice.

## RELIABLE

- 'By Night' - Is a 16% carbamide peroxide gel, containing potassium nitrate, which is proven desensitiser. Worn for 4 hours, or overnight in personal whitening trays, this gel is designed for patients who would prefer to not have to use their trays in during the day and would prefer to whiten whilst they are asleep.
- 'By Day' - Is a 6% hydrogen peroxide gel, containing potassium nitrate which is a proven desensitiser. Worn for only one hour per day, this gel is designed for patients who want a fast, comfortable and convenient solution to whiter teeth. This gel releases large quantities of oxygen free radicals (which whiten the teeth) over a short period of time, therefore whitening the teeth, both quickly and safely

## FAQ'S

- Why aren't my teeth white?  
Some people have naturally darker teeth. Your teeth can also be stained on the surface by food and drinks such as tea, coffee, red wine and blackcurrant. Smoking can also stain teeth. Tartar can also affect the colour of your teeth. Some people may have staining under the surface, which can be caused by certain antibiotics or by tiny cracks in the teeth which allow the stain to penetrate the teeth.
- What are 'personal whitening trays'?  
Teeth whitening trays look like a gum shield or mouth guard. Your dentist will take an impression of your teeth and send this away to a dental laboratory so that they can use this as a mould to create trays that are designed for your teeth. This ensures that you have a perfect fit and that the whitening agent can be evenly administered onto your teeth without leakage.
- Are there any side effects?  
In a very small number of cases, patients might find that their teeth become sensitive during or after the treatment. There could be discomfort in the gums, you might get a sore throat or tiny white patches on your gums. These symptoms are usually temporary and disappear after a few days of the treatment finishing.

Further information can be found at:  
<https://www.boutiquewhitening.com/blog/>